



GRAND CANYON
UNIVERSITY™

Name:

Course:

Date:

Instructor:

Expository Essay: Outline

Directions:

1. Please review your Topic 3 readings and the “Planning and Getting Started” section of “The Writing Process” media piece.
2. Fill in the outline and references sections below. Make sure to use complete sentences when completing the outline.

Expository Essay Topic: Effects bullying has on children

Essay Title: The impact of bullying on children development

I. Introduction: *(Begin with a hook sentence to capture your audience’s attention, then provide a brief background of the topic and end with your thesis statement.)*

a. Hook:

Did you know that bullying can make the entire life of a child miserable? Fascinatingly, most parents do not take serious actions when they see one child bullying other children. In the playground, one girl can yank the hair of another girl and make her scream loudly in pain. In other cases, a mean child can smack down another child’s lunch box, spilling the food. Nowadays, children take bullying to the internet where they write obnoxious things to each other. However, most parents perceive these actions as just childish behaviors and hope that the children would change the behaviors someday.



b. Additional background information:

A couple of studies have revealed that bullying among the children has become a problem in the society. While parents think that the effects of bullying does not extend to adulthood, recent studies exhibit that the impacts of bullying can haunt someone's entire life. Bullying can take many forms including physical bullying, social bullying, verbal bullying, and cyber harassment. According to Smith, Cowie and Blades (2015), children that encounter bullying frequently are vulnerable to poor health, social, and economic problems in nearly four decades from the date of exposure. For that reason, the research paper intends to focus on the effects bullying has on children.

c. Mapped Thesis statement (*review Topic 3DQ1 for feedback from instructor*):

As the matter about bullying goes viral on radios and in the newspapers, most people do not comprehend the exact effects that bullying can impart to children. The research ascertains that bullying among children is real and bears some painful effects that are discussed in this paper. Specifically, the key effects of bullying as discussed in this paper include health problems, social problems, and poor academic performance.

II. Support

Supporting Point #1 (subtopic 1): Health Problems

a. Topic sentence for this first sub-topic:



Bullying has the potential to impart different kinds of health problems to children including physical injuries and mental problems (Cowie & Myers, 2018). Cowie and Myers (2018) argue that physical bullying brings physical injuries, while cyber harassment, social bullying and verbal bullying damage the mental health of the victim.

b. Two to three paraphrased supporting details from your research with in-text citations

- Supporting paraphrase 1:

Cowie and Myers (2018) state that bullying not only damages the victim's self-esteem but also changes the personality. Eventually, the victim acquires stress that damages the mental health gradually. Children have feelings and emotions just like any other human beings. Therefore, bullying interferes with the victim's emotions leading to symptoms such as frequent headaches, sleeplessness, fear and anxiety. For instance, a child suffering from verbal bullying tends to avoid other children because they fear being hurt by their words.

- Supporting paraphrase 2:

Unlike cyber harassment, verbal and social bullying, physical bullying is easily notable because one can see the bruises on the victim's body. However, physical bullying is equally dangerous as the other forms of bullying. Physical bullying affects the victim's physical health and well-being (Cowie & Myers, 2018). For instance, a child hit with a rod on the face would show physical bruises on the face. In most cases, the scars on children's bodies emanate from physical bullying. Surprisingly, some of



these scars are permanent. Thus, physical bullying can change the physical look of a child. Children that acquire permanent injuries and scars are hindered from taking on careers such as modeling and military.

- c. Explain why this research is important to your audience (avoid 1st & 2nd person):

The research is of paramount importance to the audience because it reveals how bullying damages children's health, both physical and mental health. Additionally, the research informs the audience about the effects of each kind of bullying on health.

In so doing, the audience would benefit from the research and be able to notice the symptoms of a children suffering from bullying. Preventing children from bullying not only safeguards their health but also ensures that children engage in any future career that requires health fitness.

Supporting Point #2 (subtopic 2): Social problems

- a. Topic sentence for this second sub-topic:

Bullying has an enormous effect on socialization among the children. Indeed, children socialize among themselves through talking and playing together. A perfect socialization setup requires the incorporation of emotions, friendship and good faith.

However, socialization becomes soar when one child begins bullying the others. In fact, the other children develop hatred and



bad attitude toward the offender. Alternatively, the victim develops an attitude of enjoying solitude and isolation, which eventually turns the victim into an introvert.

b. Two to three paraphrased supporting details from your research with in-text citations

- Supporting paraphrase 1:

Bullying hinders socialization making the victim an introvert (Smith, Cowie & Blades, 2015). According to Smith, Cowie and Blades (2015), socialization enables children to learn things fast from each other. Therefore, children that lack enough socialization during their childhood are more likely to face challenges in learning a language. Astonishingly, the victims extend this attitude to the adulthood. In most cases, a boy child that lacks socialization might face challenges in the future, especially when proposing for marriage. Lack of socialization also leads to poor communication skills. People that possess inadequate communication skills are more likely to fail in businesses because most businesses require excellent communication skills.

- Supporting paraphrase 2:

Secondly, a child that bullies other children loses friends. Just like adults, children enjoy a peaceful socialization. Therefore, children are very selective in the kind of friends to interact with. The offender might suffer from distress and depression when the other children withdraw their company (Smith, Cowie & Blades, 2015). Thus, the offender will be



forced by the circumstances to play alone, commute to and from school alone, and do homework alone. Eventually, the offender might refuse to report to the school or even request a transfer to another school.

- c. Explain why this research is important to your audience (avoid 1st & 2nd person):

The research enlightens the audience that bullying is a double-edged sword that cuts both the offender and the victim. In other words, both the victim and the offender feel the effects of bullying. The research informs the audience that the offender might suffer the friend's rejection while the victim develops socialization problems.

Supporting Point #3 (subtopic 3): Poor Academic Performance

- a. Topic sentence for this third sub-topic:

According to Olweus (1993), the schools that curb child bullying perform better in academics than the schools that rarely control bullying among the children. Olweus (1993) argues that academics require the students with sober minds. Bullying affects the concentration of the victim in the class by diverting the attention to other unhelpful things such as planning for revenge.

- b. Two to three paraphrased supporting details from your research with in-text citations
- Supporting paraphrase 1:

Olweus (1993) argues that academics require a combination of several things including concentration in the class, dedication of enough time to studies, and quality health and well-being of the students among many others. Regretfully,



bullying comes to rob the students of all the elements of academics named above. In short, bullying denies the victims optimal concentration in the class, time to study, and the health fitness. When all the factors required in learning become insufficient, the victim performs poorly in academics.

- Supporting paraphrase 2:

Bullying hinders collaborative learning where students learn from each in groups. Collaborative learning requires students that are determined to pursue homework and studies together without negative disagreements and bullying. The presence of bullying and disagreements in a group makes the collaborative learning ineffective and such group might attain lower marks than groups that worked on the assignments together and harmoniously, without acrimony. Olweus (1993) states that children require to learn to live with each other without bullies. Olweus (1993) argues that group work is meant not only to prompt the students tackle a common challenge together but also to improve social interaction among the students.

- c. Explain why this research is important to your audience (avoid 1st & 2nd person):

The research informs the audience that learning requires the peace of mind, concentration and enough time to study. However, learning can be jeopardized if bullying prevails among the children. Therefore, the informative research assists the audience in



detecting one of the causes of failure in academics among the children. Parents might investigate why the child is failing in studies by looking at whether the suffering from bullying.

III. Conclusion: (*Paraphrase your thesis statement, summarize main points, and make final remarks.*)

a. Paraphrase thesis statement:

The research paper revealed that bullying has various effects on children including health problems, social problems and poor academic performance.

b. Summarize main points:

As discussed in the research paper, bullying bears both short-term and long-term effects. Firstly, bullying affects the victim's mental and physical well-being. Permanent injuries obtained from bullying might affect the victim's choice of the future career because some careers demand optimal health fitness. Secondly, bullying turns the victims into introverts and lead to development of poor communication skills. Insufficient communication skills can have adverse effects on the victim's future businesses.

Lastly, bullying robs the students of their concentration in the class. Hence, the victims perform poorly in academics.

c. Final remarks:

As revealed in the research paper, bullying is like a monster because it bears the potential to ruin the victim's entire life including the future career and the overall health. The research papers recommends the children to refrain from bullying. Keeping bullying



at bay might help children to achieve a number of things including performing exemplary in academics, socializing effectively among themselves, and maintaining their good health.

References

Organize all references you will use in the essay and list them in the space below in alphabetical order based on author's last name. Be sure the reference page is double-spaced and formatted to have hanging indents by ½ an inch, with the first line hanging and all others indented. See the GCU Style Guide for help with formatting references and citations. Within the essay, this reference page will be on its own page at the bottom of your essay.





GRAND CANYON
UNIVERSITY™

References

Cowie, H., & Myers, C.-A. (2018). *School bullying and mental health: Risks, intervention and prevention*.

Olweus, D. (1993). *Bullying at school: What we know and what we can do*.

Smith, P. K., Cowie, H., & Blades, M. (2015). *Understanding Children's Development*. Chichester: John Wiley & Sons.

